March 31, 2016 Lise Gazzillo 860-705-9223

Friends of Clinton Youth and Family Services Bureau Donates Books to Henry Carter Hull Library

Clinton, Connecticut: Friends of Clinton Youth and Family Services Bureau donated 2 copies of Chris Herren's autobiography, *Basketball Junkie*, and 1 copy of the ESPN documentary about Chris Herren titled "Unguarded" to the Henry Hull Carter Library in Clinton. The books and DVD support fund community-wide conversations with Chris Herren and establish the THP Project Purple Initiative at The Morgan School and Jared Eliot Middle School.

Friends of Clinton Youth and Family Services Bureau is a not-for-profit organization working to improve the quality of life, health and safety of Clinton youth and families by providing a range of services including counseling, intervention and referral services.

They are committed to bringing Chris Herren, former NBA basketball player, author and sobriety advocate, to speak with the students of Jared Eliot Middle School, the Morgan School, and an evening community-wide discussion with parents and care-takers. The goals of these events are to create awareness and educate the public on the epidemic of substance abuse while encouraging teens and people of all ages to make positive decisions. Given the rise in drug overdose cases along the shoreline -- this is a timely and very important issue for families to discuss.

Since 2009, Chris Herren has spoken to audiences nationwide sharing his story in the hopes of reaching just one person and making a difference in their lives. As a result of his public speaking efforts in addition to the publication of his memoir, *Basketball Junkie* and the ESPN Films documentary, UnGuarded, literally thousands of young adults and individuals have come forward asking for help for themselves or a loved one who may be struggling with issues of substance abuse.

For more information on how you can support this community outreach, contact us at friendsofcyfsb@gmail.com, or like Friends of Clinton Youth and Family Services Facebook page to learn about upcoming events, https://www.facebook.com/FriendsOfCYFSB.